

# Trioderm® CARE Nasal Spray, 50 ml

## Trioderm® CARE Nasal Spray

A non-sterile medical device designed to relieve the symptoms of the common cold. Moisturises, protects and cleanses the mucous membrane of the nasal cavity.

Nasal hygiene product with sea salt and sodium hyaluronate for the general population, for children from 4 years of age and for diabetics.

Combines 3 kinds of effects:

- 1. reduces swelling of the nasal mucosa
- cleanses, hydrates the nasal mucosa and accelerates its recovery
- 3. improves the function of the nasal mucosa

## General description

Trioderm® CARE Nasal Spray is designed for hygiene of the nasal mucosa and to relieve symptoms (swelling of the nasal mucosa, runny nose, sneezing, nasal congestion, difficulty breathing through the nose, dry nasal mucosa) in acute rhinitis and rhinopharyngitis of viral origin, in a mild form of acute rhinitis and rhinosinusitis acuta or in allergic rhinitis. An aid in the treatment of a chronic form of rhinosinusitis (Rhinosinusitis chronica). Regular flushing with Trioderm® CARE Nasal Spray protect the nasal mucosa and help restore mucociliary function of the nasal mucosa when in air-conditioned areas, dry or dusty environments and delay the need for treatment of nasal inflammation with antihistamines and corticosteroids.

The spray contains a hypertonic sea salt solution. Based on the principle of osmosis, it draws excess water which causes swelling from the nasal mucosa. Sodium hyaluronate hydrates and improves the elasticity of the nasal mucosa. Excipients Aloe extract, vitamin E and urea hydrate the nasal mucosa and help to regenerate the nasal mucosa. The addition of peppermint oil adds fragrance. During the spray flush, dust, dirt and pollen are washed away, the mucous membrane is hydrated and its function and defence against infection is improved. The complex action of the ingredients brings relief and soothes and alleviates the affliction of the mucous membrane.

#### Intended purpose

It is also suitable for the relief of symptoms accompanying inflammation of the nasal cavity, sinuses and nasopharynx (nasal mucosa swelling, nasal discharge, sneezing, nasal congestion, difficulty breathing through the nose, dry nasal mucosa), protection, regeneration, moistening of the nasal mucosa and improvement of mucociliary function of the nasal mucosa when in air-conditioned, dry or dusty environments.

#### **Indications**

Hygiene of the nasal mucosa in acute viral rhinitis and rhinopharyngitis, in mild forms of acute rhinitis and the nasal passages (Rhinosinusitis acuta) or in allergic rhinitis. An aid in the treatment of a chronic form of rhinosinusitis (Rhinosinusitis chronica). Regular flushing with Trioderm® CARE Nasal Spray protect the nasal mucosa and help restore mucociliary function of the nasal mucosa when in air-conditioned areas, dry or dusty environments and delay the need for treatment of nasal inflammation with antihistamines and corticosteroids.

#### Contraindications

Do not use in case of an allergic reaction to any of the ingredients of the product. Do not use after surgery or trauma to the nose, wait until the wound is fully healed, consult a doctor. Do not use in infants and children up to 4 years of age. Consult the use of the spray in pregnant and breast-feeding women with a doctor.

### Intended site of application

Nasal cavity

### Directions for use/Dosage

- 1. Gently bend your head forward before you apply the nasal spray.
- 2. Place the sprayer to the beginning of the nasal cavity and turn it toward the outer side of the nose so that the sprayer does not harm the blood vessels of the nasal septum.
- 3. Press the sprayer and inhale gently, not forcefully. The applied solution blends with the natural flow of air and penetrates the nasolabial folds.
- 4. Breathe out through your mouth. Remove the nozzle from the nostril and exhale out of the mouth again.
- 5. Repeat in the other nostril.
- 6. The amount of the applied dose varies depending on the purpose of use of the spray.
  - a. If you need to moisten your nasal mucous membrane, use an amount that will give you a moisturising sensation.
  - When applying the spray to remove impurities from the nose, blow your nose after each dose and repeat until all impurities are removed.
  - c. In case of a common cold or swelling of the nasal cavity due to allergy, apply the nasal spray 2–6 times a day for 1–2 seconds in adults.
  - d. For children from 4 to 12 years of age, it is recommended to perform the treatment 2-3 times a day.
- 7. Let the excess solution flow down the mucous membrane into the nose and then blow your nose.
- 8. After use, wash the sprayer with soap and water and dry it. Due to hygienic reasons, it is recommended to use one spray per person.



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#### **Duration**

If cold symptoms do not disappear after 2 weeks, seek medical attention

## Warning

May cause an allergic skin reaction in hypersensitive individuals. May cause irritation of the nasal mucosa. Protect your eyes from the spray. Any serious adverse event associated with this product should be reported to the manufacturer and the State Institute for Drug Control. Dispose of in organized waste collection.

Pressurized container: may burst if heated. Keep away from heat, hot surfaces, sparks, an open flame or other sources of ignition. No smoking. Do not pierce or burn, even after use. Protect from sunlight. Do not expose to temperatures exceeding 50 °C. Keep out of reach of children.

### Shelf life

Use by the date indicated on the bottom of the container.

### Ingredients

Aqua, Sodium Chloride (Sea Salt), Polysorbate 80, Hydroxyethyl Urea, Sodium Hyaluronate, Tocopheryl Acetate, Aloe Ferox Leaf Extract, Disodium Hydrogen Phosphate, Phenoxyethanol, Mentha Arvensis Leaf Oil, Citric Acid, Propylene Glycol

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Czech product